

# "QUIET TIME WITH GOD"

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## QUIET TIME IS IMPORTANT BECAUSE:

### 1. It enables you to grow in Christian maturity.

**Matthew 4:4** But Jesus told him, "No! The Scriptures say, 'People need more than bread for their life; they must feed on every word of God.'" (NLT)

### 2. It nourishes your friendship with Christ.

**1 Corinthians 1:9** God will surely do this for you, for he always does just what he says, and he is the one who invited you into this wonderful friendship with his Son, Jesus Christ our Lord. (NLT)

### 3. It is your response to Jesus' desire for fellowship with you.

**Revelation 3:20** "Look! Here I stand at the door and knock. If you hear me calling and open the door, I will come in, and we will share a meal as friends." (NLT)

**Psalm 27:8** My heart has heard you say, "Come and talk with me." And my heart responds, "Lord, I am coming." (NLT)

## QUIET TIME WAS EXEMPLIFIED BY JESUS AS HIS DAILY PRACTICE.

**Mark 1:35** Very early in the morning, while it was still dark, Jesus got up, left the house and went off to a solitary place, where he prayed. (NIV)

**Luke 5:16** But Jesus often withdrew to lonely places and prayed. (NIV)

## QUIET TIME WAS JESUS' OPPORTUNITY TO RECEIVE THE HOLY SPIRIT'S POWER EVERYDAY.

**Acts 10:38** And no doubt you know that God anointed Jesus of Nazareth with the Holy Spirit and with power. Then Jesus went around doing good and healing all who were oppressed by the Devil, for God was with him. (NLT)

## WHEN I PRACTICE DAILY QUIET TIME, I AM ABLE TO:

### 1. Worship God and Experience His Presence.

**Psalm 100:2** Worship the LORD with gladness. Come before him, singing with joy. (NLT)

**Romans 12:1** Therefore, I urge you, brothers, in view of God's mercy, to offer your bodies as living sacrifices, holy and pleasing to God – this is your spiritual act of worship. (NIV)

**Psalm 16:11** You will show me the way of life, granting me the joy of your presence and the pleasures of living with you forever. (NLT)

### 2. Know Jesus and Become like Him in Character.

**2 Peter 1:3-4** As we know Jesus better, his divine power gives us everything we need for living a godly life. He has called us to receive his own glory and goodness! (NLT)

### 3. Receive God's Direction for That Day and Make a Commitment to Obeying Him.

**Psalm 25:4** Show me the path where I should walk, O LORD, point out the right road for me to follow. (NLT)

**Psalm 37:5** Commit everything you do to the LORD. Trust him, and he will help you. (NLT)

### 4. Receive the Power, Wisdom and Love of the Holy Spirit.

**Ephesians 5:18-20** Don't be drunk with wine, because that will ruin your life. Instead, let the Holy Spirit fill and control you. Then you will sing psalms and hymns and spiritual songs among yourselves, making music to the Lord in your hearts. And you will always give thanks for everything to God the Father in the name of our Lord Jesus Christ. (NLT)

## DAVID'S INTIMATE FRIENDSHIP WITH GOD IS A GREAT EXAMPLE OF THE BENEFITS OF QUIET TIME.

**Psalm 27:4-5** The one thing I ask of the LORD – the thing I seek most – is to live in the house of the LORD all the days of my life, delighting in the LORD's perfections and meditating in his Temple. For he will conceal me there when troubles come; he will hide me in his sanctuary. He will place me out of reach on a high rock. (NLT)

**Psalm 27:8** My heart has heard you say, "come and talk with me." And my heart responds, "LORD, I am coming." (NLT)

**Psalm 27:10** Even if my father and mother abandon me, the LORD will hold me close. (NLT)

**Psalm 27:11** Teach me how to live, O LORD. Lead me along the path of honesty, for my enemies are waiting for me to fall. (NLT)

**Psalm 27:13** Yet I am confident that I will see the LORD's goodness while I am here in the land of the living. (NLT)

**Psalm 27:14** Wait patiently for the LORD. Be brave and courageous. Yes, wait patiently for the LORD. (NLT)